



STRONG WOMEN RISING™

Creating Conversations. Sharing Stories. Rising Together.

“Every woman carries knowledge, strength, wisdom and experience. Strong Women Rising creates space for those stories to be shared.”



Creating Space for Meaningful Conversations

Women spend much of their lives supporting others—families, children, communities, workplaces, friends and Elders. Yet opportunities to slow down, reflect and connect with other women are often limited.

Strong Women Rising™ is a facilitated group activity that uses a creative framework to spark meaningful conversations, shared learning and personal reflection. Women come together to explore their experiences, celebrate their strengths and learn from one another in a way that is engaging, supportive and memorable.

DESIGNED TO SUPPORT



Connection



Reflection



Shared
Learning



Storytelling



Relationship
Building



Hope and
Possibility

OUR APPROACH

Strengths-based • Trauma-informed • Relational
Inclusive • Culturally responsive • Adaptable



Adaptable Across Communities and Settings



- Women's Health and Wellbeing Services



- Domestic and Family Violence Recovery Programs



- Women's Refuges and Shelters



- Aboriginal and Torres Strait Islander Women



- Rural and Regional Women



- Community Organisations



- Leadership Programs and Conferences



- Workplace and Professional Networks

Available As



- Half-Day Facilitated Experience



- Conference Session



- Community Women's Gathering



- Leadership and Wellbeing Session

Bringing Women Together

Every organisation, community and group of women is unique.

Strong Women Rising can be adapted to suit different settings while maintaining the integrity of the core methodology.

We welcome the opportunity to discuss how **Strong Women Rising** might support the women in your organisation, community or network.



Tracy Minniecon

Tracy Minniecon is a Gubbi Gubbi and South Sea Islander woman and the Founder of TM Collective Consulting.

For more than 30 years, Tracy has worked alongside Aboriginal communities, government agencies and community organisations in community development, governance, prevention and engagement roles.

Prior to establishing TM Collective Consulting, Tracy spent 16 years in policing, including six years in child abuse investigations.

Her work has focused on creating opportunities for connection, strengthening relationships and supporting community-led approaches that build on existing strengths and knowledge.



Dr Catriona Elder

Dr Catriona Elder is an experienced researcher, evaluator and facilitator with extensive experience in community development, social research and community engagement.

Her work has focused on creating opportunities for people to share knowledge, learn from one another and contribute to positive community outcomes.



Together

Together, Tracy and Cat bring a combination of lived experience, research, practice wisdom and a deep commitment to creating spaces where women feel respected, heard and valued.

“When women come together, stories are shared, strengths are recognised and possibilities emerge.”



Contact

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STRONG WOMEN RISING™

A TM Collective Consulting Engagement Methodology